

## AASHKA SPOTLIGHT

JUNE 2025 - EDITION 9

## & MEDICAL HIGHLIGHTS



1. Dr. K.C. Mehta's team - now at Aashka Hospitals for OPD

Dr. K. C. Mehta's team is now at Aashka Hospitals. Together, we bring global standards to Gandhinagar from expert surgical care.

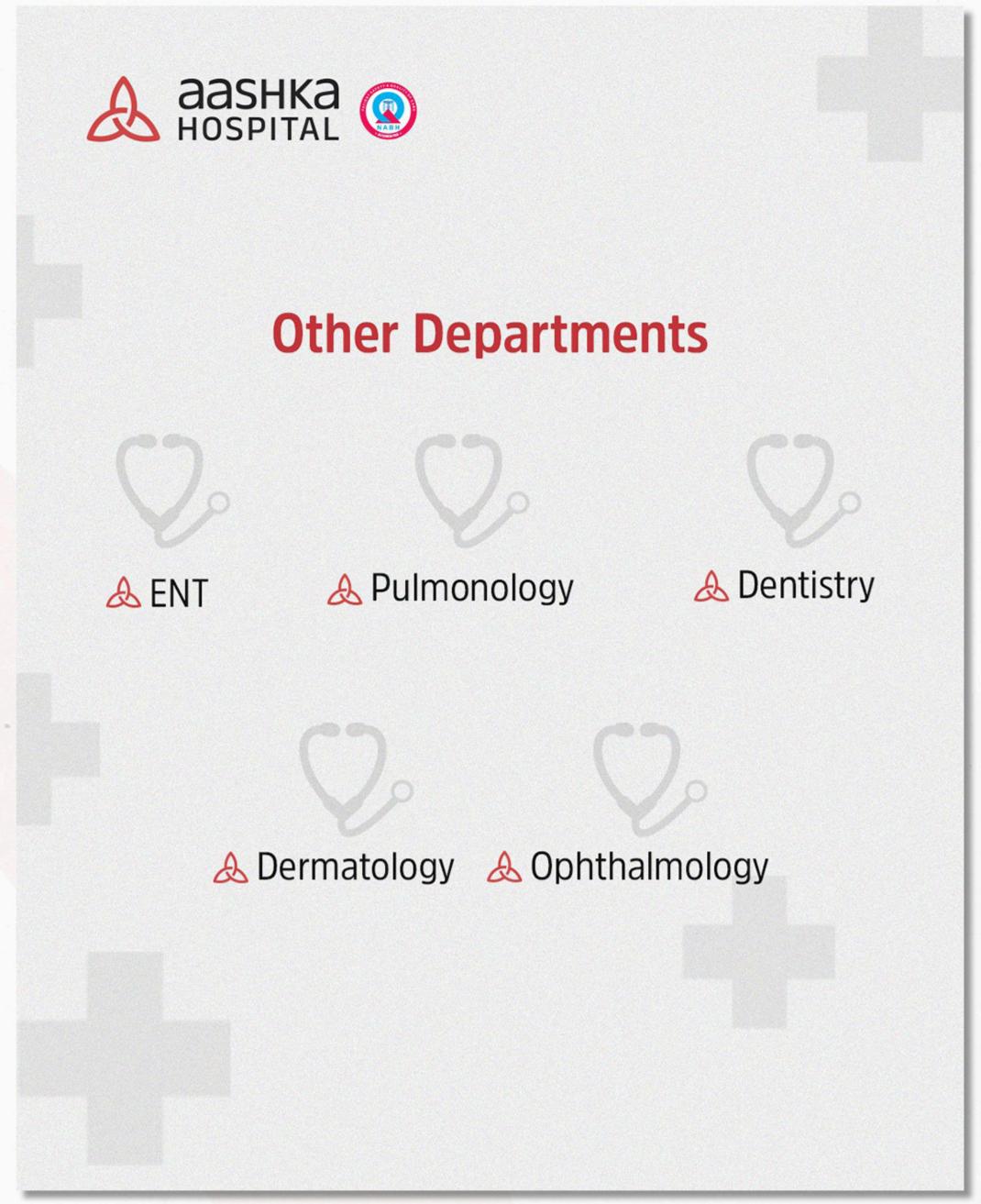




#### 2.OPD Rate Reduction



Aashka Hospital's new affordable OPD rates are here to put your health back on priority.





## Excellence in Action

A 26-year-old male patient was brought to Aashka Hospitals **following a fall from a height of approximately 10–12 feet** while working on electrical wiring atop a tree in Gandhinagar. The fall resulted in significant trauma to his back.

# Prior imaging at a secondary facility revealed

• A burst fracture of the L1 vertebra involving all three columns, with retropulsion of bone fragments causing compression over the ventral thecal sac and spinal cord.



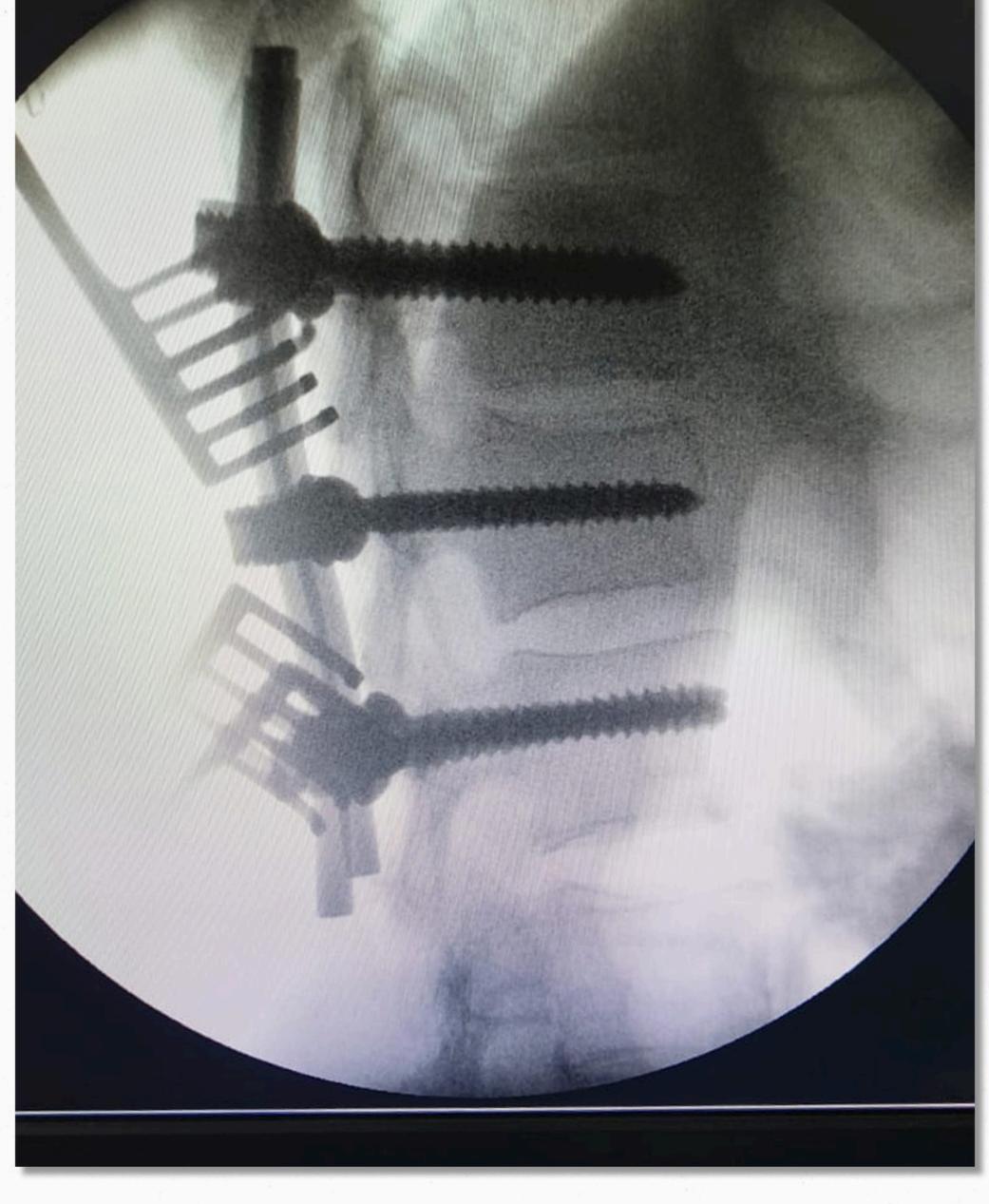
#### **Operative Details**

 D12-L2 pedicle screw fixation with decompression and bone graft fusion.

Given the neurological involvement, the patient was referred to Aashka Hospitals for advanced care. Upon arrival, he was evaluated by the Emergency teams. MRI and CT findings confirmed multilevel spinal injury with spinal cord indentation and associated posterior element fractures. The patient was stabilized and admitted under the care of Dr. Ravi Khetan, Consultant Neuro & Spine Surgeon.







**Pre-operative** 

Post-operative

The surgery was successful, and the patient was shifted to ICU post-operatively for monitoring.

Over the course of his stay, he demonstrated

steady recovery.

- Bladder function improved
- Lower limb sensations began returning
- Regular physiotherapy and rehab sessions.

By the time of discharge, the patient was neurologically stable, mobilizing under guidance.

This case underscores the importance of interdisciplinary care and surgical expertise in managing high-risk spinal trauma. We commend the coordinated efforts of our Emergency, Radiology, Anesthesia, and Spine teams in ensuring a positive outcome.



## ( To )

#### Healing Stories: Patient Testimonials



Aashka Hospital is more than just a medical facility - it's a place of healing, compassion, and trust.

My family and I have relied on Aashka for years, and each time, they've gone above and beyond. From treating my child's high fever with patience and precision, to supporting my wife through a victorious battle with cancer, to performing a successful angioplasty for my mother—Aashka has been with us every step of the way.

What sets them apart isn't just medical expertise (which is outstanding), but the personal attention, warmth, and genuine care that every doctor, nurse, and staff member shows.

If you're looking for a hospital that combines advanced medical care with a human touch, Aashka Hospital should be your first choice. I trust them with my family's health, and that's the highest endorsement I can give.

Thank you, Aashka, for being a beacon of hope in our lives.



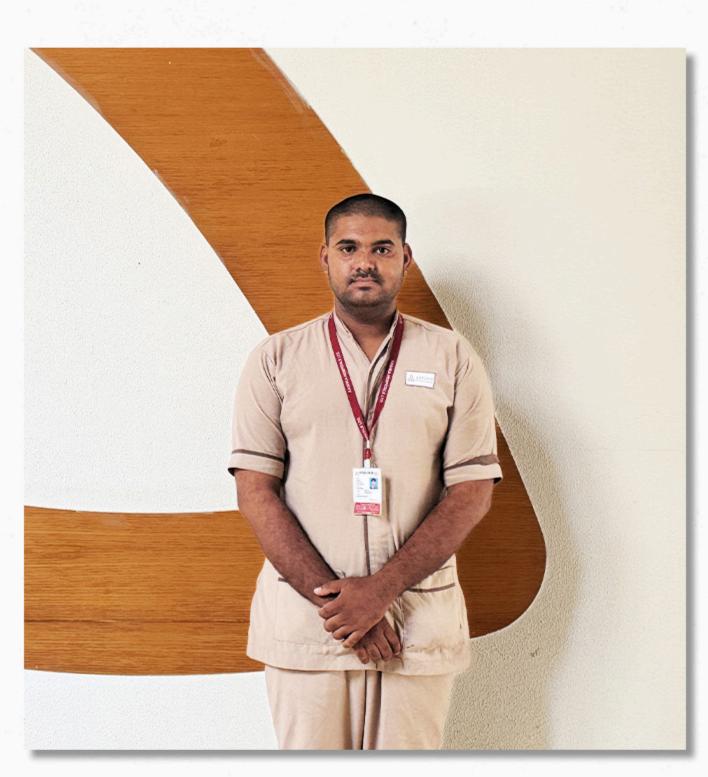
### & CULTURE



#### Faces of Aashka: Employee Highlights



Best Department
N/PICU



Employee of the Month (Medical)
Chiragbhai Modhvadiya
(Attendant)

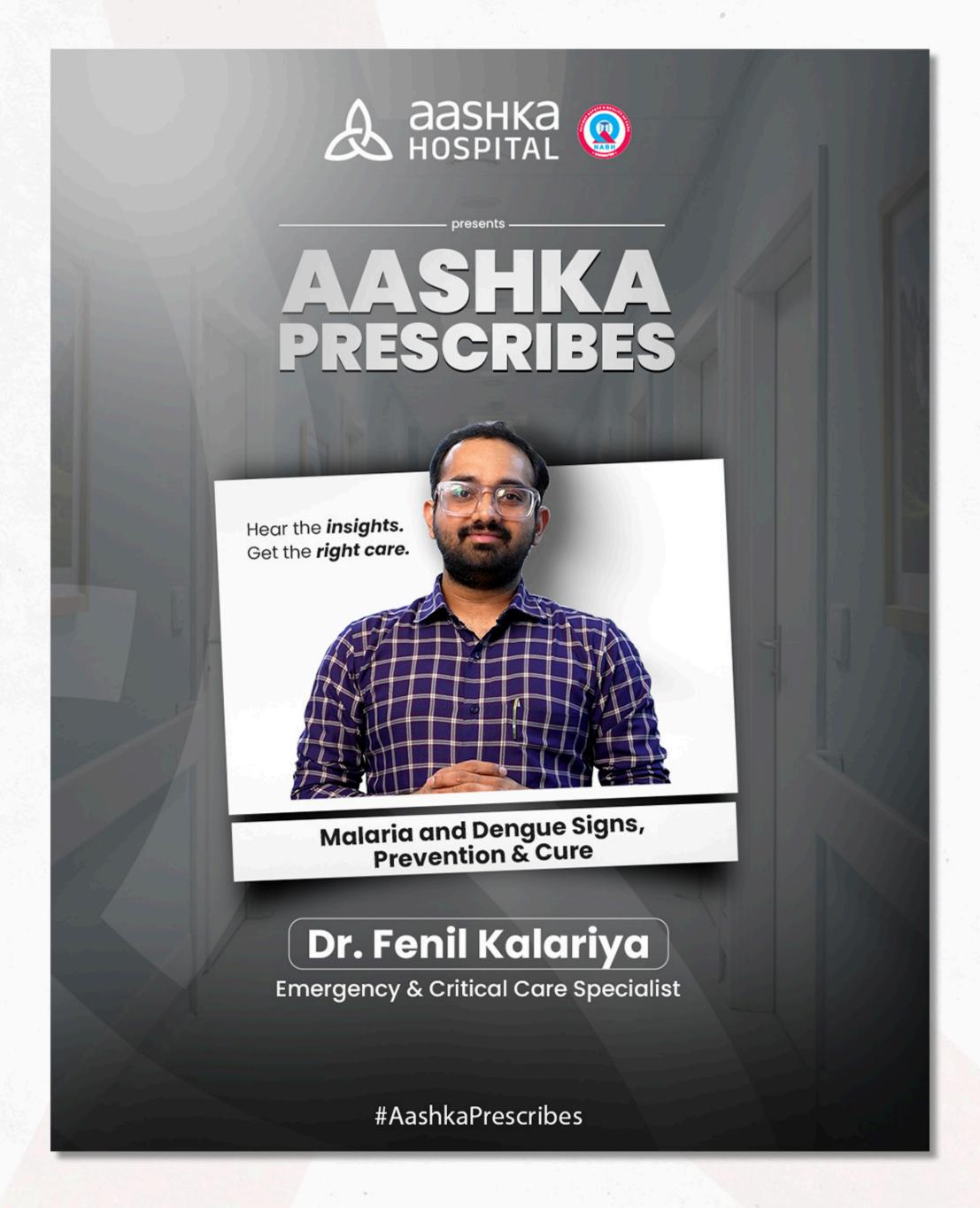


Employee of the Month (Non-Medical) Rekhaben Prajapati (MRD Assistant)



#### & LEARN WITH US





Aashka Prescribes
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Aashka Prescribes is a special series where our experienced doctors bring clarity to your health concerns. Let's hear insights from from Dr. Fenil Kalaria Emergency & Critical Care Specialist at Aashka Hospital for Vector bone disease like Dengue & Malaria. From everyday ailments to complex conditions, we break it down, explain the why, and guide you towards the right care.